

Psalm 69

- Next to Psalm 22, Psalm 69 is quoted more in the NT than any other Psalm.
 - Psalm 69 is a Messianic psalm, my Bible has a number of stars in the margin that indicate that the various verses describe the Messiah, which are all fulfilled in Jesus.
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V: 1-2 Save me! A simple cry to God for salvation. He is the only One who can save, who does save.

Acts 4:12 “Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.”

- David is describing how the issues of life are overwhelming him, it’s too much.
- Earlier, in a similar situation David describes God’s faithfulness and His ability to rescue from just such overwhelming circumstances.

Psalm 40:2 “He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock and established my goings.”

- When He pulls us out of that miry pit, He is the Rock upon which we’re set.

V: 3 I’ve cried my eyes out, I’m all dried up, there is nothing left.

- I’m weary, I’m tired of crying - tired of waiting on God.
- So often we charge God with being tardy, it’s too late, if you’d only acted sooner - based of course on our timing.
- Mary and Martha certainly felt that way after their brother Lazarus had died - “Lord if only you had been here...” It was all done the way it was, and in God’s good time - so that He would be glorified - and so that we would be instructed.

Isaiah 40:31 “But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”

Lord: (prayer)

Isaiah 35:3 “Strengthen ye the weak hands, and confirm the feeble knees.”

V: 4 There is a possible application here to when David’s sons, Adonijah and later Absalom each in turn rebelled against David, they each conspired to take the throne,

which would mean killing their father - hating him, from his perspective anyway without cause.

- This would also be true of Jesus regarding those that hated Him without a cause:

John 15:24-25 “²⁴If I had not done among them the works which none other man did, they had not had sin: but now have they both seen and hated both Me and My Father. ²⁵But this cometh to pass, that the word might be fulfilled that is written in their law, they hated Me without a cause.”

- Jesus healed people, He fed them, He taught them the truth, He showed them the way - for all that, they hated Him - without rational reason or just cause.

V: 5 Oh, how true - we can't hide our sins, our foolishness from God.

Psalm 51:4 “Against Thee, Thee only have I sinned, and done this evil in Thy sight...”

Psalm 139:2 “Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.”

- He knows all too much about us, and yet, He loves us anyway!

V: 6 Lord, don't let my foolishness or my sin stumble others. Those who are in leadership bear a greater responsibility in that regard:

James 3:1 “My brethren, be not many masters, knowing that we shall receive the greater condemnation.”

- When Nathan rebuked David over his sin with Bathsheba he told David:

2 Samuel 12:14 “Howbeit, because by this deed thou hast given great occasion to the enemies of the Lord to blaspheme...”

- It is confusing to those who are seeking after God to see God's people act in a contrary manner.

1 Corinthians 14:33 “For God is not the author of confusion...”

V: 7 David switches gears: because for your sake I have bourn reproach and shame.



- The application for David is revealed in the next verse; but we know that Jesus bore the reproach that we deserved.

Romans 15:3 “For even Christ pleased not Himself; but, as it is written, the reproaches of them that reproached thee fell on Me.”

Proverbs 14:34 “... but sin is a reproach to any people.”

★ V: 8 When David was chosen by God over his brothers to be king, as he was anointed by the prophet Samuel to that end, he became a reproach to them, they became jealous.

- Perhaps the same thing happened with Jesus. It's recorded that His 1/2 brothers didn't believe in Him. (Mother's children)

John 7:3-5 “³His brethren therefore said unto Him, depart hence, and go into Judaea, that Thy disciples also may see the works that Thou doest. ⁴For there is no man that doeth any thing in secret, and he himself seeketh to be known openly. If Thou do these things, shew Thyself to the world. ⁵For neither did His brethren believe in Him.”

- Because of this mocking tone I believe that there was probably some degree of estrangement between Jesus and His mother's children.
- The reproach of the world is one thing, but the reproach of friends and family is generally much more difficult to bear, David knew this.

Psalm 55:12-14 “¹²For it was not an enemy that reproached me; then I could have borne it: neither was it he that hated me that did magnify himself against me; then I would have hid myself from him: ¹³But it was thou, a man mine equal, my guide, and mine acquaintance. ¹⁴We took sweet counsel together, and walked unto the house of God in company.”

★ V: 9 David had a great zeal for the house of God, he wanted to build a house for the Lord but wasn't allowed to because he was a man of war, he had too much blood on his hands.

- That didn't stop him however from making plans and stock piling materials and money to make it happen.
- Later, Jesus demonstrated that same zeal for the house of His Father:

[Jesus rebuked the religious leaders:](#)

Matthew 21:13 “And said unto them, it is written, My house shall be called the house of prayer; but ye have made it a den of thieves.”

[As Jesus cleansed the Temple for the first time - we read:](#)

John 2:16-17 “¹⁶And said unto them that sold doves, take these things hence; make not My Father’s house an house of merchandise. ¹⁷And the disciples remembered that it was written, the zeal of thine house hath eaten me up.”

V: 9b David also recognized that the reproaches he was receiving were actually the result of those that hated God and were against God.

- As God’s representative or ambassador we are often the recipient of the hatred and reproach of the world for His sake.

Jesus said:

John 15:18-19 “¹⁸If the world hate you, ye know that it hated Me before it hated you. ¹⁹If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you.”

Matthew 5:11 “Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for My sake.”

- If you stand up for God, if you dare to renounce sin, or speak out against homosexuality, or abortion - or just call sin, sin - you will feel it, they will begin to reproach you - that is the way of the world.

V: 10-12 I was reproached for seeking after God when I fasted. As I mourned in sackcloth I became a proverb to them.

- The gates of the city is where the civic leaders, the prominent people gathered - that is where they were gossiping and murmuring about me, even the drunkards were singing about me in their songs.
- The same it true today, look at the TV sitcoms - how are Christians treated? They’re made to look like imbecilic fools. Years ago I used to watch the Simpsons, they always portrayed pastors and Christians as dishonest hypocrites.

V: 13-18 David’s response to all of this is to seek God all the more. He brings out the heavy artillery, prayer!

2 Corinthians 10:4 “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds.”

- David makes 12 requests / petitions.
- All based on the character of God: “¹³Thy mercy”, “¹⁶Thy lovingkindness”, “^{16b}Thy tender mercies.”

V: 19 God knows our foolishness and frailty’s as he mentioned in V: 5, but he also knows what we’re up against, He knows our adversaries and our reproaches.

- It's comforting to know that the Lord knows what we're going through.

Hebrews 4:15 "For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin."

V: 20 It's not easy to handle the reproach of the world, the reproach that we bear for the cause of Christ and for the testimony of Jesus.

- The world hates Jesus and as we declare that He is the only way to salvation, that doesn't sit well with Buddhists, Hindu's, Muslim's, Mormons, JW's, and atheists of various stripes. We're called bigoted, narrow minded, and my personal favorite, intolerant.

★ V: 20b This is prophetic of Jesus.

Romans 15:3 "For even Christ pleased not Himself; but, as it is written, the reproaches of them that reproached thee fell on me."

- Jesus was full of reproach and heaviness; just look at the last days leading up to His crucifixion.
- As predicted in the scriptures Jesus came into Jerusalem over the mount of Olives being proclaimed as their Messiah, yet He wept over Jerusalem because they were celebrating for the wrong reason, and they didn't recognize the day of their visitation.
- He went on from there to the Temple and rebuked the religious leaders, cleansing the Temple in the process - yet they persisted in rejecting Him, scorning Him, demanding to know "who gave you the authority to do this."
- They plotted to kill Him, and He knew all about it. He knew that Judas was part of that conspiracy.
- At the last supper Jesus said "My soul is sorrowful unto death." He told Judas "what you do, do quickly..." Then from there to the Garden of Gethsemane - heavy, heavy pressure.
- He told His disciples to pray, He took Peter, James, and John a little farther and told them to watch and pray.
- Jesus went a little farther and fell down to pray, the weight of the cross, the weight of the sin of all men upon Him, the prospect of being separated from the Father.

- The Spiritual battle being raged - “Father if it is possible let this cup pass from Me...”
- He went back to the disciples who were to be watching and praying, and what did He find? They were all asleep on the job.

“... I looked for some to take pity, but there was none; and for comforters, but I found none.”

- As sad fulfillment of this Messianic prophecy.

★ V: 21 The next day when Jesus was brought to Golgotha, to Calvary they offered Him vinegar that was mixed with gall. He didn't receive it, He tasted it but would not swallow it. (**Matthew 27:34**) Then later when He had said “I thirst” they filled a sponge with vinegar and put it to His lips (**John 19:28-29**) - all written and described 1,200 years before it actually happened.

“They gave me also gall for my meat; and in my thirst they gave me vinegar to drink.”

V: 22-25 Paul quotes David:

Romans 11:9-10 “⁹And David saith, let their table be made a snare, and a trap, and a stumblingblock, and a recompence unto them: ¹⁰Let their eyes be darkened that they may not see, and bow down their back away.”

- Sadly this is what happened as a result of the nation of Israel rejecting Jesus, the Romans made their habitation desolate in what would later be called the “diaspora.”

Romans 11:25 “... blindness in part is happened to Israel, until the fulness of the Gentiles be come in.”

- They were carried away captive, the places where they once lived became desolate.

V: 26 Jesus was smitten and wounded for our transgressions:

Isaiah 53:5 “But He was wounded for our transgressions, He was bruised for our iniquities...”

V: 27 Those who reject Jesus as the Messiah fail to enter into the righteousness of God, they add the sin or iniquity of the blasphemy of the Holy Spirit to their sin, iniquity unto their iniquity.

V: 28 The Bible declares:

Revelation 20:15 “And whosoever was not found written in the book of life was cast into the lake of fire.”

- David is asking God to blot out their names... pretty heavy stuff.

Psalm 1:5-6 “⁵Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous. ⁶For the Lord knoweth the way of the righteous: but the way of the ungodly shall perish.”

V: 29-32 “But” on the contrary - I am poor, and sorrowful - weak. I will praise the name of God, I will sing aloud your praises, and lift you up on high.

- David has already described that the issues and state of the heart are more important than animal sacrifices.

Psalm 51:17 “The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.”

- Animal sacrifices are longer acceptable anyway, Jesus is the end of all the sacrifices. Now we just offer up our hearts in praise and adoration.

Hebrews 13:15 “By Him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to His name.”

V: 33-36 This is all being fulfilled right now. God is building up Zion, the cities of Judah and the waste places are being inhabited again. Soon the king shall come and they that love His name shall dwell therein!

- Even so, come quickly Lord Jesus!